

result of one eye being higher than the other include difficulty in judging distances, especially where a moving object is involved; carsickness, often even on level ground; and failure to capitalize on natural physical gifts in athletics.

What is perhaps the most startling fact about this very common condition is that it can produce the same difficulties for those who wear corrective lenses as it does for those who wear no lenses or have perhaps never even had a complete vision examination!

A regular refraction, thorough as it is when performed by your optometrist, does not necessarily disclose the extent of the condition or even the condition itself. Bodily compensations overcome the double vision in so many cases that the eyes perform in all respects as though they were perfectly level.

A persistent backache, the inability to catch or hit a baseball, and susceptibility to carsickness, for example, do not routinely enter into your ability to read letters at 20 feet or 20 inches but the same bodily compensations which enable you to overcome



the double vision may be responsible for them.

The additional tests prescribed for you, relatively simple in nature, can confirm the high/low condition of the eyes, and help the doctor to determine the amount of correction, if any, required in your lenses for this specific vision problem. Wearing of a diagnostic patch over one eye, usually for a 48 hour period, required only once in most cases, may require some temporary sacrifice on your part but the results will be well worth it and the benefits may be far reaching in your life.

#### **UNCOMFORTABLE SYMPTOMS OF HYPERPHORIA**

Confusion while listening to persons speaking to you.

Mysterious severe headaches.

Grouchy and ill-tempered for no known reason.

Losing place while reading.

Backache.

Carsickness even on level ground. Headtilting.

Appearance of poor coordination by inability to judge distances where moving objects are involved.

Severe and uneven forehead lines.

Inability to focus the eyes easily on complex patterns of material, clothing or wall paneling.

General feeling of strain and irritability for no apparent reason.

Any or all of these symptoms may be associated with the eye condition described earlier, and may affect the lives of you and your loved ones. It is wise to test for the high/low eye condition so that it may be eliminated as a cause of such symptoms.

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# Why You Should Be Tested For HYPERPHORIA

*HYPERPHORIA: Characterized by a tendency of the eye to deviate in a vertical direction which is held in check by the fusional impulses.*

—*Duke-Eider, Vol. 4*

While we are well aware of being right handed, or left handed, most of us pay little attention to the fact that one hand may be larger than the other, one foot may be larger than the other, and one arm or leg may be longer than its counterpart. These small variations are virtually unnoticed and cause little if any trouble.

There is one other common variation in the symmetry of the human body that is equally unnoticed but which can cause extreme problems throughout life if not detected and corrected by your vision specialist. One eye may be higher than the other.

This physical condition, producing all too often a vision problem known as **hyperphoria**, may affect as many as two out of three people to some degree.

When it exists the muscles of the body insist on making their own correction for the high/low position of the eyes to avoid

